

Holistic Medicine for the 21st Century with David Brownstein, M.D.

Date: Friday, October 9, 2015

Time: 8:00 a.m. registration and breakfast
8:30 a.m. to 3:30 p.m. seminar
4:00 p.m. cocktail hour

Location: Medinah Country Club, 6N001 Medinah Rd., Medinah, IL

Registration: \$425 non-CAIDT Member*
\$95 Staff attending with dentist
Includes Continental breakfast, lunch, cocktails and
hors d'oeuvres following presentation

Deadline: Friday, October 2, 2015

Goal for the Course:

This lecture will inform the attendee about which natural therapies are effective and why drug therapies are associated with so many adverse effects.

Course Details:

Topics covered will include:

- Why the most commonly prescribed drug in the U.S. should be pulled from the market
- How to understand basic statistics in scientific articles
- The importance of optimizing thyroid function
- Why over 96% of Americans are deficient in iodine
- What is driving the breast cancer epidemic
- The importance of maintaining adequate salt intake
- Why mercury and fluoride toxicities are so prevalent and what to do about it
- Which vitamins and minerals are critical for health

Continuing Education Credits:

Certificates indicating 5 hours of CE credits will be issued.

To Register:

Complete the registration form and mail with your payment to CAIDT, c/o Maureen Radecki, Administrator, 2258 Newport Lane, Geneva, IL 60134. Registration deadline is Friday, October 2, 2015.



David Brownstein, M.D. is a Board-Certified family physician who utilizes the best of conventional and alternative therapies. He is the Medical Director for the Center for Holistic Medicine in West Bloomfield, MI. He is a graduate of the University of Michigan and Wayne State University School of Medicine. Dr. Brownstein is a member of the American Academy of Family Physicians and the International College of Integrative Medicine (ICIM). Dr. Brownstein has lectured internationally about his success using natural items. Dr. Brownstein has authored thirteen books: *Iodine: Why You Need It, Why You Can't Live Without It, 5th Edition*; *Vitamin B12 for Health*; *Drugs That Don't Work and Natural Therapies That Do, 2nd Edition*; *The Miracle of Natural Hormones, 3rd Edition*; *Overcoming Thyroid Disorders 3rd Edition*; *Overcoming Arthritis*; *Salt Your Way to Health, 2nd Edition*; *The Guide To Healthy Eating, 2nd Edition*; *The Guide to a Gluten-Free Diet, 2nd Edition*; *The Guide to a Dairy-Free Diet*; *The Soy Deception*; *The Skinny on Fats and The Statin Disaster*.

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Friday, October 9, 2015 / Medinah Country Club, Medinah, IL

All-Day Seminar Registration Form

Doctor's Name(s): _____

Staff Name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Study Club Affiliation (if applicable): _____ Specialty: _____

Telephone: _____ E-Mail: _____ Amt. Enc.* :\$ _____

*As a CAIDT Member or CAIDT Season Ticket Holder for 2015, I have already paid for the meetings (applies to doctor's fee only).